



**Do Not Commit  
Adultery**  
不可奸淫

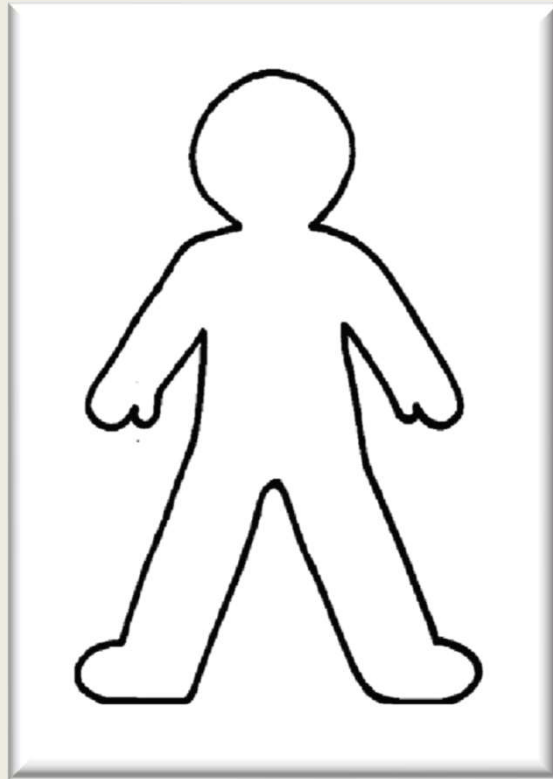
**Matthew 马太福音**  
**5:27-30**

## **Do Not Commit Adultery 不可奸淫 (Matthew 马太福音 5:27-30)**

In our relationships with people of the opposite sex, we must . . .  
我们跟异性的关系, 我们要 . . .

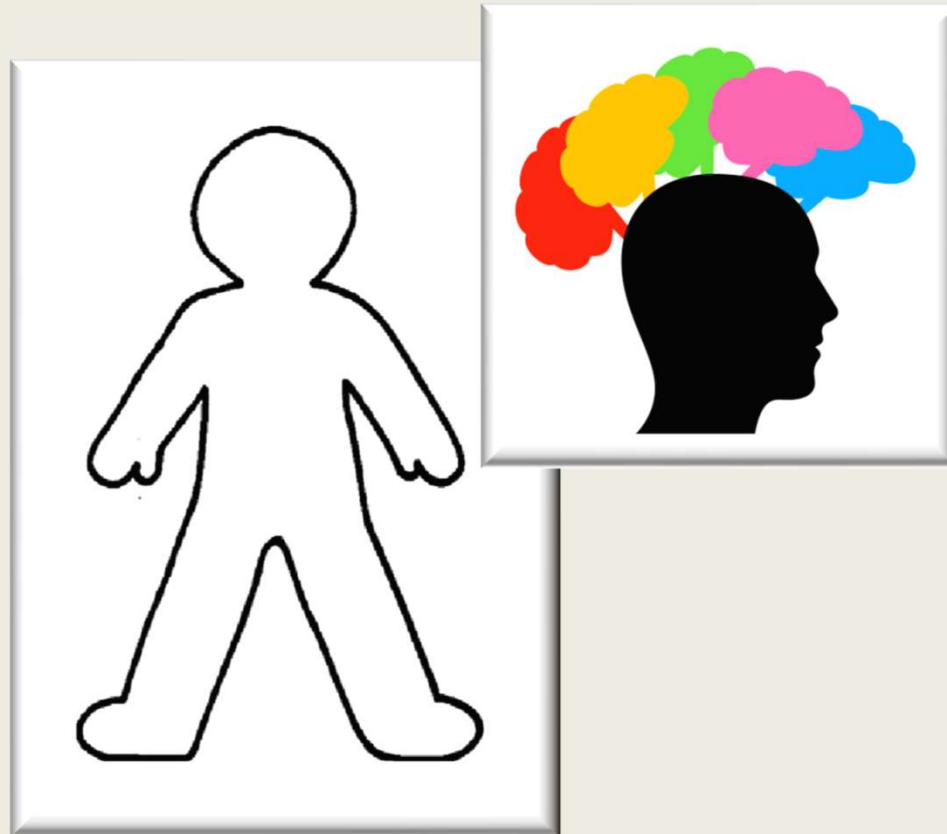
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**Do Not Commit Adultery 不可奸淫 (Matthew 马太福音 5:27-30)**  
7<sup>th</sup> of 10 commandments (Exod 20:14)

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10诫的第7节 (出 20:14)

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**Do Not Commit Adultery** 不可奸淫 husband-wife fidelity (5:27-30)  
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夫妻之间的忠诚  
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world's standard  
body contact

夫妻之间的忠诚  
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世界标准  
肉体接触

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欲望/计谋有性关系



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欲望/计谋有性关系

Do Not Commit Adultery 不可奸淫 (Matthew 马太福音 5:27-30)  
Jesus fulfils law (5:17)

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耶稣成全律法 (5:17)

耶稣的标准

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欲望/计谋有性关系

## Matthew 马太福音 5:17-20

<sup>17</sup> Do not think that I have come to abolish the Law or the Prophets; I have not come to abolish them but to fulfill them. <sup>18</sup> For truly I tell you, until heaven and earth disappear, not the smallest letter, not the least stroke of a pen, will by any means disappear from the Law until everything is accomplished.

<sup>17</sup> 莫想我来要废掉律法和先知。我来不是要废掉，乃是要成全。<sup>18</sup> 我实在告诉你们，就是到天地都废去了，律法的一点一画也不能废去，都要成全。

## Matthew 马太福音 5:17-20

<sup>19</sup> Therefore anyone who sets aside one of the least of these commands and teaches others accordingly will be called least in the kingdom of heaven, but whoever practices and teaches these commands will be called great in the kingdom of heaven. <sup>20</sup> For I tell you that unless your righteousness surpasses that of the Pharisees and the teachers of the law, you will certainly not enter the kingdom of heaven.

<sup>19</sup> 所以无论何人废掉这诫命中最小的一条, 又教训人这样作, 他在天国要称为最小的. 但无论何人遵行这诫命, 又教训人遵行, 他在天国要称为大的. <sup>20</sup> 我告诉你们, 你们的义, 若不胜于文士和法利赛人的义, 断不能进天国.

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<sup>29</sup> 若是你的右眼叫你跌倒, 就剜出来丢掉. 宁可失去百体中的一体, 不叫全身丢在地狱里. <sup>30</sup> 若是右手叫你跌倒, 就砍下来丢掉. 宁可失去百体中的一体, 不叫全身下入地狱.



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**Do Not Commit Adultery 不可奸淫 (Matthew 马太福音 5:27-30)**  
**dominant eye**

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**主视眼**

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dominant eye desire for sex with non-spouse

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主视眼

要跟非配偶  
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dominant hand

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惯用手

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不是字义

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not literal

take extreme measures

dominant hand

主视眼

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有性关系

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不是字义

采取极端的行动 用手

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**Do Not Commit Adultery (defiling marriage) (马太福音 5:27-30)**

is conduct of unsaved people

奸淫是不得救人的行为

<sup>29</sup> If your right eye causes you to stumble, gouge it out and throw it away. It is better for you to lose one part of your body than for your whole body to be thrown into **hell**. <sup>30</sup> And if your right hand causes you to stumble, cut it off and throw it away. It is better for you to lose one part of your body than for your whole body to go into **hell**.

<sup>29</sup> 若是你的右眼叫你跌倒，就剜出来丢掉。宁可失去百体中的一体，不叫全身丢在**地狱**里。 <sup>30</sup> 若是右手叫你跌倒，就砍下来丢掉。宁可失去百体中的一体，不叫全身下入**地狱**。

**Do Not Commit Adultery** (adultery (defiling marriage) 太福音 5:27-30)

is conduct of unsaved people

Job 约伯 31:1

I made a covenant with my eyes  
not to look lustfully at a young woman.  
我与眼睛立约, 怎能恋恋瞻望处女呢?

Psalms 诗篇 119:37

Turn my eyes away from worthless things;  
preserve my life according to your word.

求你叫我转眼不看虚假, 又叫我在你的道中生活。

29 若是你  
叫全身丢  
体中的一体, 不叫全身下入(地狱)。

throw it away.

whole body

tumble,

of your

的一体, 不

可失去百

## Do Not Commit Adultery 不可奸淫 (Matthew 马太福音 5:27-30)

<sup>29</sup> If your **student** causes you to stumble, gouge it out and throw it away. It is better for you to lose one part of your body than for your whole body to be thrown into hell. <sup>30</sup> And if your **right hand** causes you to stumble, cut it off and throw it away. It is better for you to lose one part of your body than for your whole body to go into hell.

<sup>29</sup> 若是你的**右眼**叫你跌倒, 就**剜出来**丢掉. 宁可失去百体中的一体, 不叫全身丢在地狱里. <sup>30</sup> 若是**右手**叫你跌倒, 就**砍下来**丢掉. 宁可失去百体中的一体, 不叫全身下入地狱.

## Do Not Commit Adultery 不可奸淫 (Matthew 马太福音 5:27-30)

29 If you student avoid relationships at young age out and throw it away.  
It is better 学生 避免年纪轻轻建立恋爱关系 than for your whole body  
to be thrown into hell. 30 And if your right hand causes you to stumble,  
cut it off and throw it away. It is better for you to lose one part of your  
body than for your whole body to go into hell.

29 若是你的 右眼 叫你跌倒, 就 剜出来丢掉. 宁可失去百体中的一体, 不  
叫全身丢在地狱里. 30 若是 右手 叫你跌倒, 就 砍下来丢掉. 宁可失去百  
体中的一体, 不叫全身下入地狱.



## Do Not Commit Adultery 不可奸淫 (Matthew 马太福音 5:27-30)

29 If you student avoid relationships at young age out and throw it away.  
It is better for you 学生 避免年纪轻轻建立恋爱关系  
to be married adult cut it off And if your right hand causes you to stumble, than for your whole body  
已婚的成人 way. It is better for you to lose one part of your  
body than for your whole body to go into hell.

29 若是你的右眼叫你跌倒,就剜出来丢掉.宁可失去百体中的一体,不叫全身丢在地狱里. 30 若是右手叫你跌倒,就砍下来丢掉.宁可失去百体中的一体,不叫全身下入地狱.

## Do Not Commit Adultery 不可奸淫 (Matthew 马太福音 5:27-30)

29 If you are a **student** **avoid relationships at young age** **避免年纪轻轻建立恋爱关系** **cut it out and throw it away.**  
It is better for you to be a **student** **学生** **than for your whole body**  
to be **married adult** **avoid close sharing with opposite sex** **必免跟异性有亲密分享** **stumble,**  
**cut it off** **已婚的成人** **rather than for you to lose one part of your**  
**body than for your whole body to go into hell.**

29 若是你的**右眼**叫你跌倒,就**剜出来**丢掉.宁可失去百体中的一体,不叫全身丢在地狱里. 30 若是**右手**叫你跌倒,就**砍下来**丢掉.宁可失去百体中的一体,不叫全身下入地狱.

## Do Not Commit Adultery 不可奸淫 (Matthew 马太福音 5:27-30)

29 If you are a **student** **avoid relationships at young age** **学生** **避免年纪轻轻建立恋爱关系** **cut it out and throw it away.**  
It is better for you to be a **married adult** **avoid close sharing with opposite sex** **已婚的成人** **必免跟异性有亲密分享** **for your whole body**  
**cut it off** **best friend** **body to go into hell.** **stumble,**  
**body to go into hell.** **of your**  
**body to go into hell.** **body to go into hell.**

29 若是你的**右眼**叫你跌倒,就**剜出来**丢掉.宁可失去百体中的一体,不叫全身丢在地狱里. 30 若是**右手**叫你跌倒,就**砍下来**丢掉.宁可失去百体中的一体,不叫全身下入地狱.

## Do Not Commit Adultery 不可奸淫 (Matthew 马太福音 5:27-30)

29 If you are a student, avoid relationships at young age. 避免年纪轻轻建立恋爱关系  
It is better for you to be a married adult than to be a student. 已婚的成人  
cut it off. 你的最好朋友  
body to be a best friend. 你最要好的朋友

avoid relationships at young age  
避免年纪轻轻建立恋爱关系

avoid close sharing with opposite sex  
必免跟异性有亲密分享

your best friend must be same sex  
你最要好的朋友必须是同样性别

29 若是你的右眼叫你跌倒, 就剜出来丢掉. 宁可失去百体中的一体, 不叫全身丢在地狱里. 30 若是右手叫你跌倒, 就砍下来丢掉. 宁可失去百体中的一体, 不叫全身下入地狱.

## Do Not Commit Adultery 不可奸淫 (Matthew 马太福音 5:27-30)

29 If you are a student, avoid relationships at young age  
It is better for you to be a married adult, avoid close sharing with opposite sex  
cut it off than to be a best friend, your best friend must be same sex  
body to be a boy and girl friends, you must be same sex

29 若是你的右眼叫你跌倒, 就剜出来丢掉. 宁可失去百体中的一体, 不叫全身丢在地狱里. 30 若是你的右手叫你跌倒, 就砍下来丢掉. 宁可失去百体中的一体, 不叫全身下入地狱.

## Do Not Commit Adultery 不可奸淫 (Matthew 马太福音 5:27-30)

29 If you are a student, avoid relationships at young age 避免年纪轻轻建立恋爱关系  
It is better for you to be a married adult than to be a student. 学生  
cut it off from you. 已婚的成人  
body to be a best friend, your best friend must be same sex 你最要好的朋友必须是同样性别  
boy and girl friends 男和女朋友  
no holiday tour alone 不可单独一起出国旅游

29 若是你的右眼叫你跌倒，就剜出来丢掉。宁可失去百体中的一体，不叫全身丢在地狱里。30 若是你的右手叫你跌倒，就砍下来丢掉。宁可失去百体中的一体，不叫全身下入地狱。

## Do Not Commit Adultery 不可奸淫 (Matthew 马太福音 5:27-30)

29 If you are a student  
It is better for you to be a student

avoid relationships at young age  
避免年纪轻轻建立恋爱关系

cut it out and throw it away.  
砍下来丢掉. 宁可失去百体中的一体, 不

to be a married adult  
cut it out of your body

avoid close sharing with opposite sex  
必免跟异性有亲密分享

for your whole body  
stumble,  
of your

body to be a best friend  
最要好的朋友

your best friend must be same sex  
你最要好的朋友必须是同样性别

boy and girl friends  
男和女朋友

no holiday tour alone  
不可单独一起出国旅游

29 若是有人叫你跌倒, 就叫你跌倒, 就叫你跌倒, 就叫你跌倒,  
叫全身的肉, 就叫你跌倒, 就叫你跌倒, 就叫你跌倒,  
体中的肉, 就叫你跌倒, 就叫你跌倒, 就叫你跌倒,  
avoid trigger points  
避开导火线

就砍下来丢掉. 宁可失去百体中的一体, 不  
手叫你跌倒, 就叫你跌倒, 就叫你跌倒, 就叫你跌倒,  
就砍下来丢掉. 宁可失去百  
狱.

# Do Not Commit Adultery 不可奸淫 (Matthew 马太福音 5:27-30)

29 If you are a student  
It is better for you to be a student  
to be a married adult  
cut it off  
body to be a  
29 若是  
叫全身  
体中的

student  
学生

married adult  
已婚的成人

best friend  
最要好的朋友

boy and girl friends  
男和女朋友

avoid trigger points  
避开导火线

avoid relationships at young age  
避免年纪轻轻建立恋爱关系

avoid close sharing with opposite sex  
必免跟异性有亲密分享

your best friend must be same sex  
你最要好的朋友必须是同样性别

no holiday tour alone  
不可单独一起出国旅游

dressing; physical touch  
穿着; 肉体接触

out and throw it away.  
for your whole body  
stumble,  
of your  
百体中的一体, 不  
丢掉. 宁可失去百

狱.



## Do Not Commit Adultery 不可奸淫 (Matthew 马太福音 5:27-30)

### 1 Peter 彼得前书 3:3-4

Your beauty should not come from outward adornment . . .

Rather, it should be that of your inner self,  
the unfading beauty of a gentle and quiet spirit,  
which is of great worth in God's sight.

你们不要以外面 . . . 为妆饰，  
只要以里面存着长久温柔安静的心为妆饰。  
这在神面前是极宝贵的。

避开导火线

狱。

## Do Not Commit Adultery 不可奸淫 (Matthew 马太福音 5:27-30)

29 If you are a student  
It is better for you to be a student

avoid relationships at young age  
避免年纪轻轻建立恋爱关系

out and throw it away.  
for your whole body

to be a married adult  
cut it off

avoid close sharing with opposite sex  
必免跟异性有亲密分享

stumble,  
of your

body to be a best friend  
最要好的朋友

your best friend must be same sex  
你最要好的朋友必须是同样性别

boy and girl friends  
男和女朋友

no holiday tour alone  
不可单独一起出国旅游

29 若是  
叫全身  
体中的  
避免 trigger points  
避开导火线

dressing; physical touch  
穿着; 肉体接触

百体中的一体, 不  
丢掉. 宁可失去百

狱.

## 1 Timothy 提摩太前书 5:1-2

<sup>1</sup> Do not rebuke an older man harshly but exhort him as if he were your father. Treat younger men as brothers, <sup>2</sup> older women as mothers, and younger women as sisters, with absolute purity.

<sup>1</sup> 不可严责老年人, 只要劝他如同父亲. 劝少年人如同弟兄. <sup>2</sup> 劝老年妇女如同母亲. 劝少年妇女如同姐妹. 总要清清洁洁的.

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## Hosea 何西阿书 3:1

The LORD said to me, “Go, show your love to your wife again, though she is loved by another man and is an adulteress. Love her as the LORD loves the Israelites, though they turn to other gods . . . .”

耶和华对我说,“你再去爱一个淫妇,就是她情人所爱的,好像以色列人.虽然偏向别神...耶和华还是爱他们.”





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## **Do Not Commit Adultery 不可奸淫 (Matthew 马太福音 5:27-30)**

- God demands faithfulness in a marriage relationship. God also demands purity in our relationship with people of the opposite sex. 神命令婚姻关系保持忠诚. 神也吩咐我们与异性的关系保持圣洁.
- We cannot have a sexual relationship in body or thought with someone who is not your spouse. This is adultery. Adultery is conduct of the unsaved. Flee from such conduct. 我们不可在肉体或思想上与非你配偶的人有性关系. 这是奸淫. 奸淫是不信主人的行为. 要远离这样的行为.
- Take careful and if need be, extreme measures to avoid adultery. 要谨慎. 在必要时, 采取极端的手段为要避开奸淫.

## **Do Not Commit Adultery 不可奸淫 (Matthew 马太福音 5:27-30)**

- Regard people in church who are of the opposite sex as your family member.  
属于异性的教会朋友, 当他们是你的家人.
- Brothers must not touch someone of the opposite sex. Sisters and brothers must dress modestly.  
弟兄不可与异性有身体上的接触. 姐妹和弟兄穿着要端庄.
- Avoid sharing personal matters alone with someone of the opposite sex. This is especially important for working adults.  
避免跟异性单独分享个人的事情. 对工作人员, 这特别重要.



## **Do Not Commit Adultery 不可奸淫 (Matthew 马太福音 5:27-30)**

- Do not enter into a boy-girl relationship at too young an age.  
不要过早谈恋爱.
- You should not go overseas alone with someone of the opposite sex, who is not your wife/husband.  
除了你的配偶, 不可单独与异性到国外旅游.
- Observe this principle: Avoid situations that may create opportunity for adultery.  
持守这原则: 能导致奸淫的情况, 要避免.